

Valley Day Pre-Kindergarten Skill Foundations

****OUR TOP 10****

The following 10 skills are our focus as we are preparing our students for Kindergarten.

1. Knows their first & last name, birthday & age
2. Prints their name
3. Recognizes letters & some of their sounds
4. Recognizes & draws simple shapes
5. Counts and recognizes numbers 0 to 31
6. Cuts with some accuracy
7. Draws themselves with some details
8. Repeats a 6-8 word sentence
9. Grips & controls pencil correctly
10. Follows multi-step directions

KINDERGARTEN READINESS SKILLS

These skills will be introduced throughout the Pre-K year based on the students' development level within each classroom. We do not expect all of the Pre-K students to master these skills by the end of the year. The items with a star (*) next to them are our "2nd Tier" skills. These are focused on throughout the year as students develop the "Top 10" skills above.

LETTERS, SOUNDS & NUMBERS

- Answers questions about a short story
- Knows some rhyming words
- Knows the meanings of simple words
- Knows opposites (hot/cold)
- Knows positional words (top/bottom)
- *Counts to 20 - 50 - 100
- *Counts by 1's, 10's, 5's
- Can count objects (1:1 correspondence)
- *Can write some numbers
- Can put together a simple puzzle
- Can count on to do simple addition

SOCIAL DEVELOPMENT

- *Express self verbally & clearly understood
- Identifies other children by name
- *Takes care of toilet needs independently
- Cares for own belongings
- *Maintains self-control
- Gets along with other children
- Recognizes authority
- Shares with others
- Talks easily
- Helps with clean up & puts toys away
- *Works independently
- *Can transition between tasks easily
- Age appropriate attention span

Recognizes body parts

Knows parents' names

MOTOR SKILLS

- Run, jump, hop, march
- *Walk a straight line
- Stand on one foot 5 to 10 seconds
- Walk backward for 5 feet
- Throws a ball
- Paste pictures on a paper
- Tie a knot, zip or button
- Knows left from right

Additional Pre-K Components

The following Kindergarten sight words will be introduced during the second half of the year & the word families below are introduced as rhyming words. These components will be included when students are developmentally prepared.

KINDERGARTEN SIGHT WORDS (1ST SET)

with	that	from
was	the	of
and	a	to
in	is	you
it	he	for
as	his	are
on	have	this

KINDERGARTEN WORD FAMILIES

ad	at	an	ap	all	ash	en
et	ed	in	it	ip	ill	op
ot	og	ug	ut	up	ub	